

☀ WESTERN CANADA TOUR ☀

# Menopause The Musical<sup>®</sup>

# 2



## Cruising Through 'The Change'

SHAGGYPUP PRODUCTIONS

By Special Arrangement with


**GFOUR**<sup>™</sup>  
PRODUCTIONS

Winners of over  
50 Tony Awards<sup>®</sup>

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**SHAGGYPUP PRODUCTIONS**  
**BY SPECIAL ARRANGEMENT WITH GFOUR PRODUCTIONS**  
PRESENTS

**Menopause**  
**The Musical** 

Based on the Original Stage Play by **JEANIE LINDERS**  
With Additional Book and Lyrics by **KAREN BISHKO**

**WITH**

**LORENA MACKENZIE**

**DENISE OUCHAREK**

**SARA STAHMER**

**MICHELLE E. WHITE**

Scenic Design

**SEAN MCCLELLAND**

Costume Design

**HEIDI MICHEL**

Lighting Design

**JEAN-YVES TESSIER**

Sound Design

**DAVID LANZA**

Assistant Music Supervisor

**PETER AYLIN**

Production Stage Manager

**TRACY LYNNE CANN**

Assistant Stage Manager

**JENNIFER WILSON**

PRODUCTION TD

**GARRET BRINK**

AUDIO ENGINEERS

**JASON SONIER**  
**JULIAN BERTINO**

COMPANY MANAGER

**MARK ZIMMERMAN**

HEAD CARPENTER & DRIVER

**MITCHELL GRAVES**

Arranger/Music Producer

**ROSS O'CONNOR**

Choreographer

**JONATHAN STAHL**

Director/Musical Director

**ANGELA C. HOWELL**

**GFOUR**<sup>™</sup>  
PRODUCTIONS

Winners of over  
50 Tony Awards<sup>®</sup>

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# CAST

(IN ORDER OF APPEARANCE)

MOOSE JAW HOUSEWIFE.....DENISE OUCHAREK  
SOAP STAR.....LORENA MACKENZIE  
PROFESSIONAL WOMAN.....MICHELLE E. WHITE  
EARTH MOTHER.....SARA STAHER

## DANCE CAPTAIN

LINETTE DOHERTY

DENISE OUCHAREK

## VOCAL CAPTAIN

DENISE OUCHAREK

The entire action of the play takes place on The S.S. Gigantic Cruise Ship.

*Menopause The Musical 2: Cruising Through 'The Change'*<sup>®</sup>

will be performed without an intermission.

The use of cameras, videotape recorders or audio recorders by members of the audience during the course of this production is strictly prohibited. Recording devices will be confiscated by the House Manager.

This production operates under an agreement with Canadian Actors' Equity Association.  
All actors and stage manager are members of Canadian Actors' Equity.



### CANADIAN ACTORS' EQUITY ASSOCIATION

Canadian Actors' Equity Association is the voice of professional artists working in live performance in English Canada. It is a national artists' association representing almost 6,000 performers, directors, choreographers, fight directors and stage managers working in theatre, opera and dance from coast to coast.

# WHO'S WHO



**LORENA MACKENZIE** (*Soap Star*) Played Soap Star in **MENOPAUSE THE MUSICAL**® since 2018 and is thrilled to continue her journey with **MENOPAUSE THE MUSICAL 2**®. Toronto Credits: original company of **CATS**, **DAMN YANKEES**, **LES MISERABLES**, Dorothy in **THE WIZARD OF OZ**, **THE LAST RESORT**, Polly & Irene in **CRAZY FOR YOU**. Two seasons at The Stratford Festival in **42ND STREET**, **THE MATCHMAKER**, **KISS ME KATE** and **EVITA**. Other credits include Pitti-Sing in Brian Macdonald's **THE MIKADO**, **SIDE BY SIDE BY SONDEHEIM**, **THE NORMAN CONQUESTS**, **HAT'S THE MUSICAL**, Charlottetown Festival's **ANNE OF GREEN GABLES**. Select TV credits: "12 Monkey's", "Reign", "Mayday", "KarmaisaB\*tch", "QueerasFolk", "Kim's Convenience" and most recently "Mrs. America", where she had the pleasure of playing opposite Cate Blanchett. Love always to my family.



**DENISE OUCHAREK** (*Moose Jaw Housewife*) Selected credits: Lesley, **BILLY ELLIOT**; Mrs. Paroo, **THE MUSIC MAN**; Ursula/Mother Abbess u/s, **THE SOUND OF MUSIC** & Ensemble Nettie Fowler u/s, **CAROUSEL** (Stratford Festival); Rosie, **MAMMA MIA!** (Capitol & Rainbow Stage); Frau Zeller/Sr. Margaretta u/s, **THE SOUND OF MUSIC** (Mirvish); Bird girl/Mayzie u/s, **SEUSSICAL** (Theatre Aquarius); Woman 2, **SONGS FOR A NEW WORLD** (Angelwalk); Rita singer, **FLYING ON HER OWN** (Neptune); Golde, **FIDDLER ON THE ROOF**; Georgie, **THE FULL MONTY** (Stage West); Ensemble/Rosie u/s, **MAMMA MIA!** (Mirvish). Aside from performing, Denise is also a sought after voice teacher, adjudicator & director. She dedicates her performance to her wonderful parents Anne & Norm, her beautiful children William & Liliana & her loving husband Anthony. Enjoy the show!



**SARA STAHMER** (*Earth Mother*) is happy to be sailing along with the cast of **MENOPAUSE THE MUSICAL 2**®! Career highlights include; the year long run of the Toronto production of **I LOVE YOU, YOU'RE PERFECT, NOW CHANGE**, Magenta in **ROCKY HORROR SHOW** (Kingston Summer Festival), **LES MISERABLES** (Neptune Theatre), the Sphinx in **GREEK** (Factory), Mrs. Lovett in several productions of **SWEENEY TODD** and Kate in the NFB film **FOR THE MOMENT** with Russell Crowe, for which she received a Winnipeg Blizzard best supporting

actress nomination. More recently, she has collaborated on the creation of new musicals, **BOYS DON'T CRY**, **COMPULSION**, **EVERYTHING THERE IS TO KNOW**, and **EVERY SILVER LINING** (a 2019 Fringe Patron's Pick). Enjoy the show!



**MICHELLE E. WHITE** (*Professional Woman*) Broadway & U.S. National Tours: Mrs. Corry-**MARYPOPPINS**, Ethel-**SHOWBOAT**. Canadian Premieres: **THE LION KING**, **ONCE ON THIS ISLAND**, **Wanda - CROWNS**, **Effie - DREAMGIRLS**, Michelle E. White - **DIVINE WOMEN** (2022). Additional: Izie - **PORTIA**, Mrs. Muller-**DOUBT: APARABLE**, Nell Carter/Armelia McQueen- **AIN'T MISBAHAVIN'**, Sebastian - **THE LITTLE MERMAID**, Darlene Love - **LEADER OF THE PACK**, Matron 'Mama' Morton - **CHICAGO**, Ronette - **LITTLE SHOP OF HORRORS**, Sour Kangaroo - **SEUSSICAL**, Trix - **THE DROWSY CHAPERONE**, Alberta - **ANYTHING THAT MOVES**, **THE VAGINA MONOLOGUES**, Charmain Bailey - **THE NEW CANADIAN CURLING CLUB**, Original Canadian Cast Recording & Professional Woman - **MENOPAUSE THE MUSICAL**® (Canadian & U.S. Companies 2007-2022),...more at [www.mewsician.com](http://www.mewsician.com)



**LINETTE DOHERTY** (*Toronto Rehearsal Dance Captain*) is excited to join **MENOPAUSE THE MUSICAL 2**®. Linette was the lead in the film **ONE HEART BROKEN INTO SONG**, and worked with tap legends Savion Glover and the late Gregory Hines, playing Elaine opposite Gregory Hines in **BOJANGLES**. She played a gossipy church lady in "Kim's Convenience", and was featured in Aaron Sorkin's **MOLLY'S GAME**. **LONG ROAD TO FREEDOM**, a short film she choreographed and danced in, was part of the Toronto Black Film Festival. Linette choreographed **After Hours** (CTV); toured with Ballet Creole and Kalimba Kalimba; performed at the Charlottetown Festival, and The Red Sandcastle Theatre Christmas Pantos. Linette runs The S.P.A.C.E., a performing arts studio in Toronto, where children & adults learn from industry professionals in a warm, supportive atmosphere.



**TRACY LYNNE CANN** (*Production Stage Manager*) started with the Canadian premiere of **MENOPAUSE THE MUSICAL**® back in 2006. Tracy's 20+ year career has taken her across the country and beyond,

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## WHO'S WHO

working in venues throughout Canada, the US, Asia and Europe. Select companies include: Buddies in Bad Times Theatre, Canadian Opera Company, The Charlottetown Festival, Globe Theatre, The Grove Theatre, Loose Tea Music Theatre, Magnus Theatre, Mermaid Theatre of Nova Scotia, Segal Centre, The Royal Conservatory of Music, Soulpepper Theatre Co, Sudbury Theatre Centre, Theatre Gargantua and Workman Arts. Tracy's dog Max is known as her "trusty little side hustle", with his own career as a professional model and social influencer, as well as the "maxscot" for ShaggyPup Productions. Follow Max on Instagram at @max\_i\_million



**JENNIFER WILSON** (*Assistant Stage Manager*) is an alum of the SFU Fine Arts Program, with a focus on Stage Management. After graduation, she spent three years with Princess Cruises working with the entertainment department. Following that, she stage managed many of the smaller stage productions in the Vancouver area, her favourite being Baccio Rosso. She also had the opportunity to travel across Canada with Canada's Ballet Jörgen and it was a great way to broaden her knowledge in stage management and to see our beautiful country. She is very excited to be working in theatre again and hopes that you enjoy the show!

**GARRET BRINK** (*Production TD*) is excited to make his debut as Production Technical Director alongside ShaggyPup's newest show, MENOPAUSE THE MUSICAL 2<sup>®</sup>. His experiences designing and executing technical operations within the Ottawa theatre community as well as an expanded skillset from working in the corporate audio visual space has prepared him to deliver you a dazzling performance. Despite going back to university to study psychology, he has kept his love of technical theatre alive by designing for MIRACLE ON 34TH STREET, 12 ANGRY JURORS for the Ottawa Little Theatre, AVENUE Q for Toto Too Theatre, LEGALLY BLONDE and AMERICAN IDIOT for the University of Ottawa Musical Theatre Society.

**JASON SONIER** (*Sound Engineer*) began working as an audio technician at Carleton University's radio station, CKCU 93.1FM, while enrolled in the university's music program in the early 90's. He built upon this experience by graduating at the top of his class at The Audio Recording Academy at Raven Street Studios in Ottawa.

He continued to explore other aspects of event production as Site Logistics Coordinator for the CKCU Ottawa Folk Festival and as technologist/recording engineer for the Department of Music at the University of Ottawa. He has since worked for various music and arts venues and festivals in and around Ottawa and was Equipment Manager at the Digital Arts Resource Centre (formerly SAW Video) for several years. As well, he worked on local and touring theatre productions, including HEDWIG AND THE ANGRY INCH, ROCKY HORROR SHOW, and MENOPAUSE THE MUSICAL<sup>®</sup>, and has been working in film production and audio post-production. Also a multi-instrumentalist and composer, he has played bass, winds and keyboards for productions of TOMMY, ROCKY HORROR SHOW, BATBOY: THE MUSICAL and other productions, and has created scores for dance productions. He's very pleased to be back touring with MENOPAUSE THE MUSICAL<sup>®</sup> & ShaggyPup Productions.

**JULIAN BERTINO** (*Sound Engineer/Assistant*) has a Master of Music in 10-String Guitar performance, as well as a Master of Arts in composition from the University of Ottawa, where he is a professor of Music Technology and media composition. He owns and operates Julian Bertino Sound, which records and livestreams musicians around the National Capital Region. Having composed, performed, recorded, and produced music in many styles and genres, Julian has a holistic approach to music-making, and his music is also heard in Podcasts, Theatre, and Film. Julian is proud to be lending his talents to such a fun and enjoyable show as MENOPAUSE THE MUSICAL 2<sup>®</sup>.

**MITCHELL GRAVES** (*Head Carpenter & Driver*) is a graduate of the Sheridan College Technical Production for the Performing Arts Industry program. Mitchell has worked on a number of live productions at both Sheridan College and The Shaw Festival; including Cabaret, Damn Yankees, and Stars of Mars. He also works in the TV and Film industry, constructing sets for shows such as Hardy Boys and Robyn Hood. In addition, to his work as a carpenter, he has also done rigging and art installations.

**JEANIE LINDERS** (*Original Stage Play Creator*) created and wrote the original MENOPAUSE THE MUSICAL<sup>®</sup> and was a passionate voice for

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## WHO'S WHO

a generation of women facing more than just hot flashes. She was the recipient of the Veteran Feminist Medal of Honor presented by Gloria Steinem, and funded women's education and housing programs from New Orleans to Kenya and Ghana, as well as raising over a million dollars for the National Ovarian Cancer Coalition, as well as other charities. Jeanie's work in entertainment spanned three decades and included theatre, multi stage music festivals, and celebrity-driven events. She also launched The Center for Art & Entertainment and completed her Marge Potter book series. We continue to honor Jeanie's memory and legacy by sharing her humor, heart, and wit onstage each night, spreading her healing laughter across the world.

**KAREN BISHKO** (*Additional Book & Lyrics*) In 2007, Karen opened for UK boyband Take That. Karen has two other musicals, THE FAN and SINGLE in the works. Her song "Parallel Life" was a finalist for the Stiles and Drewe prize in 2022. Karen was nominated for Outstanding Original Music by the NY Innovative Theatre Awards for the musical SHADOWS. <https://karenbishko.com>

**ANGELA C. HOWELL** (*Director/Musical Director*) Directing Highlights: LUCKY STIFF (West End Theatre, NYC), PETERPAN (Riverdale Summerstage), Alabama Shakespeare Summer Intensive, Angela & Friends benefit series (GoodStuff). Musical Director: Yale Summer Series, Royal Academy of Dramatic Arts (NYC), Westchester Broadway Dinner Theatre, North Carolina Theatre (Broadway World nomination), Engeman Theater, Music Theatre Connecticut, Circle in the Square Theatre School. Fall of 2022 Angela directed GFour's US tour of BUDDY (Broadway Tour, Walnut St. Theatre x2, Tuacahn, etc). In 2018 she had 3 songs simultaneously in the top 100 Adult Contemporary charts. "There's Nothin' I Don't Love" reached #8 in America. *Camille 101*, her latest studio album was released in 2021. Angela has toured extensively & is ever-thankful to create art (Lincoln Center, York Theatre, FST, Goodspeed OH, Arkansas Rep, CT Rep, NYC Writers Summit, Capital Theatre, Black Swamp Festival, Birdland, Playwrights Horizons, NYC Town Hall to name a few). BIG thanks to Seth, Karen, Jonathan, Caleb, Kim & the GFour team for all their support. This one is for my sweetheart, Scott. [Angelachowell.com](http://Angelachowell.com)

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**JONATHAN STAHL** (*Choreographer*) is honored to join the Menopause team with this new production. Having performed everything from Ballet to Broadway, and across the globe from Denver to Dubai, he now mostly choreographs and directs in his theatrical endeavors. Past Regional productions: NINE, WIZARD OF OZ, LEGALLY BLONDE, HAPPY DAYS, SOUND OF MUSIC and GODSPELL.

**ROSS O'CONNOR** (*Arranger/Music Producer*) is a highly experienced musical director, composer, and lyricist with over 20 years of experience. He honed his musical talents at the Conservatory of Music Dublin before premiering his own original musical, "New Fish," in 2019. As an arranger, Ross has worked on various productions, including MENOPAUSE THE MUSICAL 2<sup>®</sup> in the UK and Ireland. He has also composed and scored music for films, including the upcoming Hallmark Channel feature "From Paradise With Love." Ross's versatile and creative musical talents, coupled with his passion and dedication to his craft, have earned him respect and recognition within the industry.

**SEAN MCCLELLAND** (*Scenic Design*) Sean, now residing out of Santa Fe, NM has previously spent 15 years in South Florida, from which he has designed 200ish shows with the top theatres in the area and beyond. Along with designing, he has painted most of his sets and backdrops over the years and spends time on his paint easel oil painting. To view more of his work please visit [www.symbiontscenic.com](http://www.symbiontscenic.com).

**HEIDI MICHEL** (*Costume Design*) is a versatile designer, having worked in theater, dance, television, and opera. With a background in architecture, Heidi takes the design/build concept in a new direction. She has created pieces from ball gowns to barn animals, classic tutus to hand puppets. Heidi also has a line of dancewear.

**JEAN-YVES TESSIER** (*Lighting Design*) Original MENOPAUSE THE MUSICAL<sup>®</sup> lighting designer Jean-Yves Tessier hails from the cold reaches of Canada and once had a sexy French accent. He has since lost it. If found please take good care of it. He has been rained on exactly 1,452 times. Incredibly this is also his PIN number. The universe is weird that way.

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## WHO'S WHO

What a pleasure returning to the wonderful GFour family and meeting with our four dear friends once again. Enjoy!

**DAVID LANZA** (*Sound Design*) is a sound designer based out of Fort Worth, TX. Previous collaborators include Dallas Theater Center, Amphibian Stage, Jubilee Theater, Stage West, Nickelodeon, Alfalfa Studios, Kate Spade, and The Ford Foundation. Love to Nikki, Maggie, Peter, and the Oxford comma. [www.DavidLanzaAudio.com](http://www.DavidLanzaAudio.com)

**MARK ZIMMERMAN** (*Canadian Sales & Marketing Director, Co. Manager, Producer*) For more than 30 years Mark has consistently blazed new trails in advertising, marketing, media and entertainment. From 1974 to 1982 his company Sound Connection, was the first to provide a hip, contemporary, background music service to retailers, restaurants, and nightclubs; a precursor for today's Satellite Radio. In 1983 Mark was first to produce a Pay TV Concert from newly built Roy Thomson Hall, featuring Gordon Lightfoot & The Good Brothers. For 20 years thereafter, Mark's company Promo Vision Marketing, produced award winning TV commercials, selling exclusive products via TV. Since 2015, Mark's produced a number of concerts including the BOB MARLEY ALL-STAR SHOW & JAMES TAYLOR SONGBOOK & is a producer partner in Shaggypup Productions.

**JANET MARTIN** (*Producer*) In addition to being one of two producing partners of Shaggypup Productions, Janet was a cast member of MENOPAUSE THE MUSICAL® for many years, playing all four roles at various times. Janet is excited beyond words to delve into this new production. Past performance credits include seasons at both the Shaw and Stratford Festivals and blockbuster musicals, Cats, Phantom of the Opera, and Les Miserables. Janet also remembers fondly playing Yum Yum in New York City in Brian Macdonald's Mikado. Janet loves growing vegetables, hitting the yoga mat and being mom to the fabulous Jeni and Jeremy Ross.

**PETER AYLIN** (*Assistant Music Supervisor*) conducted his first show at nineteen in the UK. He has performed for the late Princess Diana and worked with Britt Ekland, Cilla Black, Bonnie Langford, Wayne Sleep and Victor Spinetti. Peter conducted Dora Bryan in the UK revival tour of HELLO DOLLY and led the Players Theatre

(West End) at the piano for many years. Peter moved to Canada in this thirties and conducted the Canadian National Tour of TOMMY the Musical. In 2006, he conducted Rex Harrington, Evelyn Hart and Louise Pitre in the Canadian Premier of SONG & DANCE. Since then, he has worked with the Canadian Tenors, Drayton Entertainment plus many of the major shows in Toronto. Peter is proud to have been a part of the Menopause "family" since it first set foot in Canada in 2006.

**SHAGGYPUP PRODUCTIONS** (*Canadian Licensed Producers*) Mark Zimmerman and Janet Martin have had a long history & association with "Menopause". Their infatuation with the show began in Toronto 2006 and continues to this day! It was their passionate dream to introduce "Menopause" to Canadian cities, from coast to coast, which they've successfully done since 2015. They're grateful for the relationship they share with GFour Productions in the U.S.A.

**GFOUR PRODUCTIONS** (*Producer*) proudly produces some of the world's most recognized shows, from Broadway to the West End. Current Broadway productions and investments include: THE SHARK IS BROKEN; PETER PAN GOES WRONG; THE BOOK OF MORMON; THE PLAY THAT GOES WRONG and SIX. Current tours include: COMPANY (U.S Tour); DREAMGIRLS (U.K. Tour); ON YOUR FEET! (U.S. Tour); TINA: THE TINA TURNER MUSICAL (U.S Tour); and the international sensation MENOPAUSE THE MUSICAL® and its upcoming sequel. Winners of more than 50 Tony Awards® for their productions including NINE, LA CAGE AUX FOLLES, MATILDA THE MUSICAL, THE INHERITANCE and more. [www.GFourProductions.com](http://www.GFourProductions.com).

# WHO'S WHO

## STAFF FOR *MENOPAUSE THE MUSICAL 2*<sup>®</sup>

### CREATIVE & PRODUCTION TEAM

Director/Musical Director.....	Angela C. Howell
Choreographer.....	Jonathan Stahl
Arranger/Music Producer.....	Ross O'Connor
Scenic Designer.....	Sean McClelland
Lighting Designer.....	Jean-Yves Tessier
Sound Designer.....	David Lanza
Costume Designer.....	Heidi Michel
Assistant Music Supervisor.....	Peter Ayilin
Production Stage Manager.....	Tracy Lynne Cann
Assistant Stage Manager.....	Jennifer Wilson
Technical Director / Lighting Supervisor.....	Garret Brink
Sound Supervisor.....	Jason Sonier
Sound Supervisor.....	Julian Bertino
Head Carp / Driver.....	Mitchell Graves

### SHAGGYPUP PRODUCTIONS

Producer / Director Sales & Marketing / Co. Mgr.....	Mark Zimmerman
Producer.....	Janet Martin
Mascot (a.k.a. "Maxscot").....	Max I. Million



Winners of over  
50 Tony Awards<sup>®</sup>

Founder/Chairman.....	Ken Greenblatt
CEO/President.....	Seth Greenleaf
CFO.....	Maureen Portlock
Director of Operations & Production.....	Kim Simari
Director of Sales & Marketing.....	Ashley Dinges
Director of Casting.....	Karie Koppel
Associate Director of Sales & Marketing.....	Alyssa Holland
Associate Director of Operations & Production.....	Caleb Spivey
Production Manager.....	Jessica Coale
Marketing Coordinator.....	Katherine Montgomery
Marketing Coordinator.....	Erica Gerold
Accountant.....	Lerro & Chandross Victor Lerro
IP Counsel.....	St. Onge, Steward, Johnston, & Reens LLC; Gene Winter/Jonathan Winter
Attorney.....	Boies, Schiller & Flexner LLP; Stuart Singer/James Grippando
In House Counsel.....	David Harris
Founder.....	Kenneth & Sandi Greenblatt
Founder.....	Alan & Kathi Gilist

# THE MUSIC

## Music Parodied With Great Appreciation

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# Setting Sail Across North America!

NOW PLAYING OR COMING SOON



## CANADA

<b>City</b>	<b>Dates</b>	<b>Venue</b>
Nanaimo, BC	Sept 12	The Port Theatre
Victoria, BC	Sept 13	Royal Theatre
Surrey, BC	Sept 15	Bell Performing Arts Centre
Mission, BC	Sept 16	The Clarke Theatre
Kelowna, BC	Sept 17	Kelowna Community Theatre
Lethbridge, AB	Sept 19-20	Yates Memorial Centre
Calgary, AB	Sept 21	Grey Eagle Resort & Casino
Enoch, AB	Sept 22	River Cree Resort & Casino
Regina, SK	Sept 26-27	Casino Regina
Saskatoon, SK	Sept 28	TCU Place
Winnipeg, MB	October 1	Club Regent Event Centre
Toronto, ON	Nov 9-Dec 5	Toronto Centre for the Arts

## USA

<b>City</b>	<b>Dates</b>	<b>Venue</b>
New Hope, PA	Sept 20-Oct 1	Bucks County Playhouse
Harrisburg, PA Arts	Oct 4-6	Whitaker Center for Science and the
Manassas, VA	Oct 8	Hylton Performing Arts Center
Toms River, NJ	Oct 11-15	The Jay and Linda Grunin Center for the Arts
Greensboro, NC	Oct 19-20	The Carolina Theatre of Greensboro
Roanoke, VA	Oct 24-25	Jefferson Center
Palm Coast, FL	Oct 29	Flagler Auditorium
Davie, FL	Oct 31-Nov 5	Rose & Alfred Miniaci Performing Arts Center
Aventura, FL	Nov 7-12	Aventura Arts & Cultural Center

**For all up-to-date show information please visit [MenopauseTheMusical.com](http://MenopauseTheMusical.com)**